



## PREGNANCY

Proposed Management of Allergic Rhinitis on Medical Missions in Resource-Limited Settings

### Case definition

Stated pregnancy or positive pregnancy test

*Consider hospital referral for the following symptoms:*

1. SBP >140 or DBP >90 (preeclampsia)
2. Proteinuria on urine dip
3. Vaginal bleeding

### Clinical management

Fundal height and doptone if available

### Pharmacologic management

Prenatal vitamin 1 tab po od

Avoid smoking, caffeine, and alcohol

*Adapted from:*