



URINARY SYMPTOMS

Proposed Management of Allergic Rhinitis on Medical Missions in Resource-Limited Settings

Case definition

Lower urinary tract infection (UTI)

3 of: Dysuria, frequency, urgency, polyuria, suprapubic tenderness, fever, flank pain, hematuria
PLUS
Pregnancy OR
Dipstick positive

Upper UTI

Lower UTI PLUS fever, flank pain, or signs of systemic inflammatory response

Complicated UTI

Recurrent UTI (>2 in 6 months, >3 in 1 year), child, or male sex

Consider associated sexually transmitted infection for the following:

1. Vaginal/urethral discharge
2. Genital ulcer
3. Inguinal buboes
4. Scrotal swelling

Clinical management

Encourage fluids
Hygiene
Wiping front to back
Voiding pre and post-intercourse

Pharmacologic management

Lower UTI: Nitrofurantoin 100mg po bid x5 days

Upper and complicated UTI: Ciprofloxacin 500mg po bid x10 days

Adapted from: